



Recovery; Community Connections Mimidi Park

The courtyards and gardens of Mimidi Park is one of the settings used in Growing Towards Wellness' latest community based integration program. A flurry of horticultural and environmental training activities sees voluntary inpatients and outpatients of the hospital working together making their gardens a place to share knowledge, provide support and offer hope.

This project has engaged participants by running non-accredited training within the hospital grounds as well as extending the training out into the community, working at various industrial sites.

'Growing Towards Wellness – Recovery; Community Connections' is funded by the Department of Training & Workforce Development to provide adult learning for members of the mental health community, inpatients and outpatients of the PaRK Mental Health Service.

Just working in Mimidi Park alone the participants have contributed to important plant management work, completed new landscaping projects, planted over 1000 seedlings and are in the process of installing a sensory garden.

With the state's recent heat wave the GTW teams have been dedicating huge allotments of time and effort watering the new and established plants for their best possible chance of survival in this climate.

Their work has been positively recognised by the many staff and visitors to Mimidi and the teams have found that February, March and April have just flown past.



• Preparation of a sensory garden at Mimidi Park



• Mimidi Park's Reception Courtyard has a refreshing make-over



• Some friendly neighbours of Mimidi check out the latest work



• Mimidi's Ambulance Bay benefits from new landscaping