Growing Towards Wellness PTY LTD

Recovery; Community Connections City of Mandurah Conservation Effort

The Growing Towards Wellness team was recently seen giving Mother Nature a helping hand by harvesting her natural gifts. The mature Casuarina trees along the Serpentine River in Mandurah have regenerated many seedlings at their base and it was time to relocate the seedlings before they smothered each other out.

Participants of the 'GTW – Recovery; Community Connections' project have been learning transplanting skills by potting over 200 young Casurina trees and relocating and planting them along other stretches of rehabilitated coastline.

Through the 'GTW - Recovery; Community Connections' project participants were able to contribute to real and necessary environmental conservation work.

This project is funded by the Department of Training & Workforce Development to provide adult learning for members of the mental health community, inpatients and outpatients of the PaRK Mental Health Service.

Participants have been learning many skills applicable to further education and employment through this supported horticultural and environmental training activities program.

The City of Mandurah offered this paid work experience opportunity to the GTW teams who were keen to be involved in such a worthwhile effort for the community and the environment.



The GTW team along the Serpentine River bank



Team members identify the young Casurina trees



Potting the seedlings



Translocation horticultural skills in action

Growing Towards Wellness news